

COACH & TEACHER CODE OF CONDUCT

I agree to:

- 1. Consider the wellbeing and safety of athletes/participants before the development of performance.
- 2. Develop an appropriate working relationship with athletes/participants, based on mutual trust and respect and promote respect for the ability of opponents as well as for officials and fellow coaches/teachers.
- 3. Always promote the positive aspects of the sport (e.g. fair play)
- 4. Make sure all activities are appropriate to the age, ability and experience of those taking part.
- 5. Encourage athletes to value the performance and not just results.
- 6. Hold the appropriate, valid qualifications and insurance cover.
- 7. Never consume alcohol immediately before or during training or events.
- 8. Never condone rule violations, rough play or use of prohibited substances.
- 9. Display consistently high standards of behaviour and appearance, dressing suitably and using appropriate language at all times whilst involved in coaching/teaching activities.
- 10. Follow all guidelines laid down by the governing body and the club.
- 11. Never exert undue influence over athletes/participants to obtain personal benefit or reward.
- 12. Encourage and guide athletes/participants to accept responsibility for their own performance and behaviour.
- 13. Follow the advice of a physician (doctor, physio, psychologist etc.) when a performer is injured.
- 14. Make a personal commitment to keep yourself informed of sound coaching/teaching principles and the principles of growth, development and learning of children.
- 15. Ensure that the equipment and facilities meet safety standards and are suitable for training.
- 16. Abide by Scottish Swimming's Social Media Guidelines.

Sanctions: Breaches of the coach & teach	her code of conduct will be dealt with in accordance
with the clubs disciplinary procedures.	

Signature	 	 	
Date	 	 	