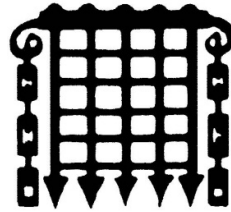


Welcome Pack



St Thomas Amateur Swimming Club

Dear New Member,

On behalf of St Thomas Amateur Swimming Club – Welcome! This document is designed to explain what steps you need to carry out to join the club and provide you with all the information you need, going forward.

The club has a membership booklet which can be found on the club website which documents all the information you need on the club for squad training times, monthly fees, yearly membership, etc.

What you need to do:

- Complete the Club Membership Application Form and club Annual Membership Fee returned to Membership Secretary (<mailto:steven.n.smith@gmail.com>). This is current set at £70 for one swimmer, £130 for two swimmers and £190 for three swimmers). This document is attached below (on page 4). If you are joining after membership renewal on April 1st then the membership fee may be different:
 - 1st March – 31st August – as above
 - 1st September – 31st December – as above less £21.50 per swimmer (£48.50, £87 and £147)
 - 1st January – 28th February – as above less £32.25 per swimmer (£37.75, £65.50 and £93.25)

If you are currently hold a valid SASA membership for the year then the following fees apply:

- £27 for one swimmer
- £44 for two swimmers
- £61 for three swimmers

Please note – if you are joining the club via the Skills Squad please contact the above email steven.n.smith@gmail.com for the joining price. All other squads the above details are applicable

- Monthly Bank Mandate completed and sent to your Bank. This document is attached below (on page 4) and the squad fees are documented on page 2
- SASA Membership Application Form completed and SASA Fee returned to Membership Secretary. This document is attached below (page 5/6 of this document - two page document) – please ensure you sign page 2 of this document

The club is affiliated to SASA (Scottish Amateur Swimming Association) – more information can be found at <http://www.scottishswimming.com>

TIMES OF SESSIONS AT ARBROATH [week commencing 18th Oct 2016]

Try to arrive in time to do 15 min of stretching on poolside before pool.

Performance Squad

Monday: Pool 17.30-19.30 as well as pre swim warm up and post swim stretching
Tuesday: Pool 06.30-08.00; Pool 17.30-19.30 as well as pre swim warm up and post swim stretching
Wednesday: Pool 17.30-19.30 as well as pre swim warm up and post swim stretching
Thursday: Pool 06.30-08.00; Land 17.00-17.30; Pool 17.45-19.45 as well as post swim stretching
Friday: Pool 06.30-08.00
Sunday: Land 08.00-09.00; Pool 09.00-11.00

Intermediate Squad

Monday: Pool 17.30-19.00
Tuesday: Pool 17.30-18.30
Thursday: Land 17.00-17.30; Pool 17.45-19.45
Friday: Pool 06.30-08.00
Sunday: Land 08.00-09.00; Pool 09.00-10.30

Development Plus Squad

Wednesday: Pool 18.30-19.30
Thursday: Land 17.00-17.30; Pool 18.45-19.45
Friday: Pool 06.30-8.00
Saturday: Pool 08.15-9.00
Sunday: Land 08.00-09.00; Pool 9.00-10.00

Development Squad

Wednesday: Pool 18.30-19.30
Thursday: Land 17.00-17.30; Pool 17.45-18.45
Friday: Pool 06.30-8.00
Saturday: Pool 08.15-9.00
Sunday: Land 08.00-09.00; Pool 9.00-10.00

Skills Squad

Monday: Pool 19:00-19.30
Saturday: Pool 8:15-9:00
Sunday: Pool 10:30-11.00

Monthly Costs

Your child will be allocated a place on one of our squads. Based on this the monthly direct debit you need to set up is as follows:

- Skills £10
- Development £25
- Development+ £25
- Intermediate £35
- Performance £50

You can set up a direct debit/standing order via the document on page 5 or via e-Banking:

- Sort code 30-25-87
- Account number: 00775842

St Thomas Swim Club

MEMBERS APPLICATION FORM 2015/2016

Swimmer/Technical Official/Committee member/coach transfer from

| | |
|---------------------------------|--|
| Surname: | |
| Forename(s): | |
| Date of birth: | |
| Address: | |
| Postcode: | |
| Telephone number | |
| SASA number | |
| Emergency contact number | |
| Email address | |
| Medical details | |

Please note if on medication a medical declaration form must be filled in and sent to Scottish Swimming. Annual fees for St Thomas Swim Club covers the period 1st of March 2014 to 28th February 2015 and is £70 for one swimmer, 2 swimmers £130 and 3 swimmers £190 (on a family basis). Payment for the monthly training fee is by standing order. Should you wish to pay monthly cheques should be made payable to St Thomas Swim Club Please note that membership details will be stored on a computer. Please return this form (**only new members** should also include the SASA registration Form) in a sealed envelope addressed to the Membership Secretary:

Steven Smith, 36 Victoria Street, Arbroath, Angus, DD11 2BP

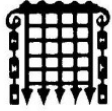
If you do not intend to renew membership please let the Membership Secretary know.

As you are aware the club sometimes arranges for photographs to be taken to highlight achievements made by the swimmers. There are also times when video recordings are made for stroke analysis purposes. If you **DO NOT** want your child's photograph to be used in this way please sign the declaration below. I do not wish my child's image to be used for publicity or other reasons.

Signed.....Date.....

The clubs web site may also be used on occasions as an opportunity to highlight swimmers and the clubs achievements. If you **DO NOT** want your child's photograph to be used in this way please sign the declaration below. I do not wish my child's image to be used on the web site.

Signed.....Date.....



Arbroath St Thomas Swim Club

www.arbroathstthomas.co.uk

Instructions to your bank to pay by standing order. Please hand in to your bank, do not return to the club.

To the manager: _____

Address: _____

Account Name: _____

Account Number: _____

Sort code: _____

Signed: _____

Dear Sir or Madam:

Would you please arrange to have the following standing order put in place:-

Please Pay: **Lloyds TSB, Arbroath**
Sort Code: **30-25-87**
For the credit of: **St Thomas Swimming club**
Account number: **00775842**

| Due date | Frequency | Amount | Starting date | Please set this payment as ongoing. |
|--------------------------------|-----------|--------|---------------|-------------------------------------|
| 1 st of every month | Monthly | £ | | |



NEW MEMBERS DETAILS TO BE SUBMITTED TO SCOTTISH SWIMMING WITHIN 28 DAYS OF INDIVIDUALS JOINING THE CLUB (SASA C3.3.6)

Fields marked * are mandatory. Please complete form using BLOCK letters
See reverse of form for further information and guidance on filling in the form

Form containing sections: GENERAL INFORMATION, MEMBERSHIP CATEGORY, PRIORITY DISCIPLINE*, ADDITIONAL DISCIPLINE*, DISABILITY, COUNTRY OF INTERNATIONAL REPRESENTATION*, EQUALITY MONITORING, and SASA CLUB MEMBERSHIP CATEGORIES.

DATA PROTECTION CHOICES AND CONSENT

I confirm that I am a member of the club listed above and as a member; I agree to abide by the rules of Scottish Swimming. I understand that by submitting this form, I am consenting to membership details appearing on the British Swimming Ranking website and Home Country membership details appearing via the online 'Membership Check' at www.scottishswimming.com.

Offers and opportunities – please tick any of the relevant boxes below to Opt Out of receiving the following:

1. **NO**, I do not want Scottish Swimming /British Swimming to send me details of products and services or details from Scottish Swimming/British Swimming commercial partners.
2. **NO**, I do not want the Scottish Swimming/British Swimming to send me details of swimming Events.
3. **NO**, I do not want to receive an electronic copy of the Scottish Swimming Newsletter.

Publication on British Swimming website(s). <http://www.swimming.org/britishswimming> Details of your achievements in events will be included on the British Swimming website(s) and these will be available to the general public.

Publication on Scottish Swimming website. <http://www.scottishswimming.com> SASA Membership details will be included on the Scottish Swimming website and these will be available to the general public. The membership details viewed: name, membership number, fee paying club, gender, membership category and country of international representation.

If you do not want your details to be visible in this way you can hide them placing a 'tick' in the box overleaf or by registering via the 'Home Country Membership Check' accessed through www.scottishswimming.com home webpage and selecting the 'hide' option, or by sending an email to info@scottishswimming.com with your request to hide your details.

Caution – Publication on British Swimming and Scottish Swimming website: If you 'hide' your details they will not be visible on the Rankings Database which may affect your ability to enter events. Event organisers may in these cases require proof of age and/or of eligibility to enter and you should contact the particular organiser to check.

If you **do not** want details of your achievements or membership details to be visible on the British Swimming and Scottish Swimming Website, please tick here to **Opt Out**

DECLARATION*

If aged 16 years or over: I declare that the details above are correct and I confirm that I will submit myself to official Doping Control at any time when required. (See reverse of form for details on Doping Control).

Sexual Orientation: Gay Man Gay Woman Lesbian Heterosexual/Straight Other:.....

Religion or Belief: None Church of Scotland Roman Catholic Other Christian:

Muslim Buddhist Sikh Jewish Hindu Other:

Name Signed Date/...../.....

If aged under 16 years of age: As the parent or person in loco-parentis of the swimmer named in this form, I certify that the personal details are correct. I agree to him/her, if selected, submitting to official Doping Control when requested. (See reverse of form for details on Doping Control).

Name Signed Date/...../.....

DATA PROTECTION NOTICE

Collection and use of your information

About us. The Scottish Amateur Swimming Association (**SASA**) is a constituent member of British Swimming Limited (**British Swimming**). The other members are the Amateur Swimming Association (**ASA**), and the Welsh Amateur Swimming Association (**WASA**). **Purposes.** Scottish Swimming and British Swimming will each hold the details provided on this registration form with other information it holds or obtains from or about you and will use this for the following purposes:

- for maintaining records
- to respond to any enquiries you make
- to administer any events in which you participate or may wish to participate and to deal with any incidents involving you
- to create an individual profile for you so that we can understand and respect your preferences
- to create anonymised aggregated information about members and swimmers to enable us to secure funding
- to contact you about swimming events, offers and opportunities available from the Scottish Swimming or British Swimming or any commercial partner of either of them by post, email, online or phone (where you have indicated you are happy to hear about these)

Recording images. Scottish Swimming and British Swimming may record the competition events in which you participate and general images of swimmers will form part of the information we hold and use. In addition to the purposes for general information set out above, Scottish Swimming and/or British Swimming may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

Other uses. Where your information may be used for additional purposes, such as medical information, you will be provided with further details of how your information will be used at the relevant time

Disclosure of your information

Districts and Clubs that organise their own competitions may publish details on this website and if you wish to hide this information you should contact the Region/ County/Club directly.

Data use outside of the EU. If you apply for or take part in an event that takes place outside the European Union, your information will be disclosed to the relevant event organiser(s) in the host nation. These nations may not have laws as stringent as ours to protect your personal data.

Images. Images may be disclosed to those Districts and Clubs for which you are a member for swimmer selection purposes. They may also be disclosed to the media for promoting swimming and the reporting of events. You should see the data protection policy for the relevant Region, Sub-Region, County Association and Club(s) for details of how your information will be used.

ASA and WASA. As constituent members of British Swimming, WASA and ASA will be able to view your information for swimming administration purposes.

Doping Control. If you enter National or International swimming competitions, you may be subject to doping control as part of the Scottish Swimming/British Swimming commitment to a drug free sport. Your personal data may be shared with British Swimming.

Marketing - Partners. Scottish Swimming and British Swimming each work with a number of sponsors and commercial partners (details of these can be found at www.scottishswimming.com) to promote swimming, raise funding for the sport and to secure opportunities for members. Scottish Swimming and British Swimming would like to contact you by post or electronically to tell you more about the offers available to you. Please help us serve you better by telling us if you express an interest in our goods and services.

Opt outs. You have the right to refuse direct marketing and can do so by ticking the relevant box(es) on the form.