

## SASA Midland District Championships 2012

SASA MIDLAND DISTRICT CHAMPIONSHIPS 2012 . Age Group, Disability and OPEN Championships

Dates	Sunday 12th, Saturday 18 <sup>th</sup> and Sunday 19 <sup>th</sup> February 2012
Times	Session 1 Sunday 08.50 Warm up for 09.45 Start Session 2 Sunday 13.30 Warm up for 14.25 Start Session 3 Saturday 08.50 Warm up for 09.50 Start Session 4 Saturday 13.30 Warm up for 14.25 Start Session 5 Sunday 08.50 Warm up for 09.45 Start Session 6 Sunday 13.30 Warm up for 14.25 Start Please note session times may be adjusted once entries are known
Venue	Olympia Leisure Centre, Dundee.
Age Groups	Individual finals 10-12 years, 13 years. 14 years, 15/16 years, 17yrs and over, and Open. 10/11 Team events 10-12 years; 13-14 years; 15-16 years ; 17+ years Open and Disability Events will be swum in conjunction with age group events.
Age as	Age as on last day of competition – i.e. on Sunday 19 <sup>th</sup> February 2012
Individual Events	All age groups 100m fly, back, breast, free - all heats and finals
Team Events	200m fly, back, breast, free and IM - all heats and finals Junior and Open 4x50m medley and freestyle relays Age group 4x50m medley and freestyle relays For Junior relays, all the team must be 16 yrs or under at 31 December 2012. Open age group team swimmers can be any age.
Disability Swimming	Entries are invited from swimmers with disabilities who are registered members of a swimming club affiliated to Midland District and hold current SASA/ASA/WASA membership
Accreditation Events	Licence and Level 1 Accreditation – applied for. Heats will be deck seeded by time across the age groups. Finals will be swum for all age groups in each event EVEN IF ENTRIES FOR INDIVIDUAL AGE GROUPS ARE LESS THAN 6.
Marshalling Presentations	A marshalling system will be in place. Marshal three heats in advance of swim. Medals will be awarded to the 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> placed swimmer in each final. Swimmers who do not achieve the qualifying times in heats will not progress to Finals. Swimmers who do not achieve the qualifying times in Finals will NOT receive medals
Entries Closing Date	Cost of Entries - £5 per individual event, Closing date for entries is <b>please look at NB</b> . Late entries or entries ‘on the day’ will NOT be accepted. Payment for entries must be made immediately. sandra.michie@sandra.michie@blueyonder.co.uk
Spectators Entry	Spectator entry – There will be an admission charge per session of £1-50 for adults. . Daily Programmes will be available at a cost of £2.00
Officials	The current District rule (8.5) means clubs entering swimmers in District Events must provide names of officials available for each SESSION. This is to ensure that minimum numbers are present to permit accreditation of the meet. Regulations stipulate that each session must comply otherwise the whole meet may lose accreditation. The number to be supplied is proportional to the number of swimmers entered for the Championships, as follows: ♦ 10 – 19 swimmers: 3 officials per SESSION, at least one of whom must be judge, starter, AOE operator or referee It is not sufficient for officials to turn up on the day – prior notification is essential – preferably by email to Susan Coe <a href="mailto:smcoe@alan35.freesevice.co.uk">smcoe@alan35.freesevice.co.uk</a> Lunch is provided for officials and volunteers who assist at both sessions in that day, but this MUST be ordered in advance, a minimum of one week before the first day of the meet. Regrettably, catering costs have risen recently and no exceptions can be made. Officials will assemble for briefing sessions in a venue which will be announced. A list of duties will be posted in advance and officials are requested to report at least 30 minutes in advance of the start time of the gala for briefing. All designated Recorders should report to the Championship Convenor one hour in advance of the start of the session.
Other volunteers	As in 2011, volunteers will be co-ordinated by 2 designated District clubs for each meet in 2012. The February Championships will again be supervised by Dundee City Aquatics and Forfar, and volunteers from outwith these clubs should submit their names and desired duties to the relevant Club Secretaries. The Championship Convenor must be notified by the supervising clubs of any requirement for lunch for those volunteering for 2 sessions in any one day excluding STOs who are notified by the STO convenor, via email to <a href="mailto:moraig@perthcityswimclub.com">moraig@perthcityswimclub.com</a>

SASA Midland District Championships 2012

**CONSIDERATION** times for the District Championships in February 2012 are shown below. Swimmers with times slower than those shown will **NOT** be accepted. No Refunds will be made for incorrectly entered swimmers. The Championship Committee reserves the right to restrict the number of heats to ensure a good level of competition and adherence to meet timings.

Entry Times must be **FASTER** than those shown.

MALE							FEMALE						
10/11 Years	12 Years	13 Years	14 Years	15/16 Years	17+ Years	Dist	Stroke	10/11 Years	12 Years	13 Years	14 Years	15/16 Years	17+ Years
1.24.00	1.15.00	1.13.50	1.12.00	1.08.00	1.01.00	<b>100</b>	<b>Freestyle</b>	1.27.00	1.16.00	1.15.00	1.14.00	1.12.00	1.07.00
3.00.00	2.49.00	2.41.00	2.33.00	2.25.00	2.18.00	<b>200</b>		3.05.00	2.50.00	2.43.00	2.36.00	2.32.00	2.23.00
1.38.00	1.29.00	1.27.00	1.25.00	1.17.00	1.14.00	<b>100</b>	<b>Backstroke</b>	1.42.00	1.30.00	1.28.00	1.26.00	1.23.00	1.16.00
3.20.00	3.10.00	3.04.00	2.58.00	2.38.00	2.33.00	<b>200</b>		3.20.00	3.10.00	3.05.00	3.00.00	2.50.00	2.50.00
1.47.00	1.35.00	1.33.50	1.32.00	1.25.00	1.19.00	<b>100</b>	<b>Breaststroke</b>	1.48.00	1.36.00	1.34.00	1.35.00	1.32.00	1.26.00
3.25.00	3.20.00	3.16.00	3.12.00	2.55.00	2.51.00	<b>200</b>		3.25.00	3.22.00	3.17.00	3.12.00	3.08.00	3.04.00
1.35.00	1.33.00	1.30.00	1.27.00	1.18.00	1.10.00	<b>100</b>	<b>Butterfly</b>	1.40.00	1.36.00	1.32.50	1.29.00	1.22.00	1.18.00
3.20.00	3.15.00	3.07.50	3.00.00	2.50.00	2.35.00	<b>200</b>		3.20.00	3.15.00	3.11.50	3.08.00	2.50.00	2.50.00
3.20.00	3.12.00	3.01.00	2.50.00	2.45.00	2.39.00	<b>200</b>	<b>Ind. Medley</b>	3.20.00	3.12.00	3.06.00	3.00.00	2.57.00	2.48.00

**Notes –**

The 100m Individual Medley event will be contested as part of the District Sprint Meet to be held in September 2012. For the 2011/12 cycle, the Distance Championship events – 800m and 1500m Freestyle and 400m Individual Medley and 400m freestyle were contested at the Graded Championships in November 2011.

Although consideration times are shown for 10/11 years, finalists will advance as 10-12 years and must achieve the 12 year old times shown above to qualify for finals

## Supplementary Conditions (Disability Swimming) Midland District Championships February 2012

These supplementary conditions are to be adhered to in conjunction with the general conditions for the District Championships:

### **The Events (Male & Female)**

100m Freestyle	S1-S15
200m Free	S1-S15
400m Free	S6-S15
100m Backstroke	S6-S15
100m Breaststroke	SB4-SB9 & SB11-SB15
100m Butterfly	S8-S15
200m Individual Medley	SM5-SM15
400m Individual Medley	SM8-SM15

### **Eligibility**

- All S1-S10 competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
- All S1-S10 competitors must hold a current Functional Ability Card (FAC) at the time of entry.
- All S11-S13 competitors must have an authorised BBS or IBSA classification at time of entry.
- All S14 competitors must have an authorised UKSAPLD or INAS-FID classification at time of entry.
- All S15 competitors must have an authorised UK Deaf Sport or CISS/ICSD classification at time of entry.
- All competitors must be registered as members of a swimming club affiliated to Midland District and hold a current SASA, ASA or WASA membership.
- Qualifying times must be adhered to.
- Competitors must be a minimum of **10** years of age as of **19<sup>th</sup> February 2012**.
- Functional Ability Cards (FAC's) must be submitted to the Recording Desk prior to the start of the session with the athletes' first event. No further submission is required following this. Failure to do so will result in the swimmer being unable to race.
- Finalists shall be determined by the top 6 British Disability Point scorers from the heats according to the competitors classification, the stroke and the distance.
- A minimum of 6 swimmers must progress from the heats for a final to take place.
- The competition shall take place under the relevant IPC Swimming, Swimming Rules.

### **Accreditation**

- All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.
- A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present. Accreditation must be held by both of these and will be free of charge. Applications for accreditation for both coaches and carers must be made directly to the Championship convenor ( [kirsteen@bkkilgallon.plus.com](mailto:kirsteen@bkkilgallon.plus.com)) at least 7 days in advance of the meet. All coaches, chaperones and personal care attendants must conform with the SASA child protection procedures.

### **Medals**

- Medals shall be awarded on a multi-disability basis to 1st, 2nd and 3rd place in each event. Medals shall be awarded to the top three British Disability Point scorers in each event. If there are less than four competitors in any one event then a minus one ruling shall apply. Medals shall be awarded during the relevant session that the event has taken place. All swimmers shall be required to present themselves to the marshal for presentations when notified.

**Midland District Open and Age Group Championships 12<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> February 2011**  
**Disability Swimming - Qualification Times**

	Male	Female	Male	Female			Male	Female	Male	Female
Class	100m Free		200m Free				100m Back		100m Fly	
S1	<b>05.50.29</b>	<b>08.02.58</b>	<b>13.08.55</b>	<b>14.34.67</b>						
S2	<b>04.19.74</b>	<b>05.27.81</b>	<b>08.46.66</b>	<b>11.20.15</b>						
S3	<b>03.13.39</b>	<b>03.51.66</b>	<b>06.47.32</b>	<b>08.10.21</b>						
S4	<b>02.27.19</b>	<b>03.18.12</b>	<b>05.14.47</b>	<b>06.54.12</b>						
S5	<b>02.10.02</b>	<b>02.28.89</b>	<b>04.44.92</b>	<b>05.24.68</b>						
S6	<b>01.58.57</b>	<b>02.18.70</b>	<b>03.30.44</b>	<b>04.23.96</b>			<b>02.14.04</b>	<b>02.37.62</b>		
S7	<b>01.50.21</b>	<b>02.08.42</b>	<b>03.29.84</b>	<b>03.52.86</b>			<b>02.09.93</b>	<b>02.31.10</b>		
S8	<b>01.44.26</b>	<b>02.04.19</b>	<b>03.19.68</b>	<b>03.40.00</b>			<b>02.03.08</b>	<b>02.24.42</b>	<b>01.50.16</b>	<b>02.10.47</b>
S9	<b>01.39.65</b>	<b>01.52.83</b>	<b>03.13.55</b>	<b>03.16.39</b>			<b>01.49.60</b>	<b>02.06.97</b>	<b>01.45.64</b>	<b>02.07.94</b>
S10	<b>01.34.72</b>	<b>01.47.95</b>	<b>02.54.83</b>	<b>03.30.74</b>			<b>01.48.65</b>	<b>02.09.18</b>	<b>01.41.27</b>	<b>02.04.73</b>
S11	<b>01.43.38</b>	<b>02.07.59</b>	<b>03.06.23</b>	<b>03.58.54</b>			<b>02.04.56</b>	<b>02.31.76</b>	<b>01.58.56</b>	<b>02.49.15</b>
S12	<b>01.34.43</b>	<b>01.48.58</b>	<b>02.58.45</b>	<b>03.28.05</b>			<b>01.49.63</b>	<b>02.05.44</b>	<b>01.44.77</b>	<b>02.01.55</b>
S13	<b>01.35.17</b>	<b>01.43.87</b>	<b>03.02.64</b>	<b>03.18.93</b>			<b>01.52.64</b>	<b>02.05.17</b>	<b>01.46.81</b>	<b>01.57.16</b>
S14	<b>01.38.67</b>	<b>01.54.53</b>	<b>03.03.24</b>	<b>03.21.62</b>			<b>01.58.06</b>	<b>02.13.60</b>	<b>01.50.62</b>	<b>02.09.08</b>
S15	Deaf swimmers can compete within multi-disability events but must comply with the age group minimum qualifying times.									

	Male	Female				Male	Female
	100m Breast					200IM	
SB1					SM1		
SB2					SM2		
SB3					SM3		
SB4	<b>02.56.89</b>	<b>03.25.33</b>			SM4		
SB5	<b>02.45.70</b>	<b>03.18.25</b>			SM5	<b>05.33.40</b>	<b>06.49.97</b>
SB6	<b>02.33.80</b>	<b>02.58.07</b>			SM6	<b>04.59.18</b>	<b>05.42.11</b>
SB7	<b>02.25.13</b>	<b>02.50.32</b>			SM7	<b>04.51.60</b>	<b>05.29.10</b>
SB8	<b>02.08.96</b>	<b>02.28.82</b>			SM8	<b>04.18.54</b>	<b>05.01.95</b>
SB9	<b>02.02.82</b>	<b>02.25.45</b>			SM9	<b>04.02.85</b>	<b>04.39.84</b>
SB10					SM10	<b>03.57.34</b>	<b>04.39.72</b>
SB11	<b>02.13.69</b>	<b>02.50.00</b>			SM11	<b>04.17.99</b>	<b>05.27.35</b>
SB12	<b>02.05.65</b>	<b>02.24.96</b>			SM12	<b>03.57.24</b>	<b>04.31.81</b>
SB13	<b>01.59.75</b>	<b>02.16.90</b>			SM13	<b>04.02.50</b>	<b>04.22.51</b>
SB14	<b>02.10.24</b>	<b>02.25.11</b>			SM14	<b>04.10.77</b>	<b>04.47.11</b>
SB15	See S15	above			SM15	See S15	Above

# Midland District Championships 12<sup>TH</sup>, 18<sup>th</sup>, 19<sup>th</sup> February 2012

## Full Programme of Events

<b>SESSION 1 SUNDAY 12<sup>TH</sup> FEBRUARY</b>				
<b>WARM UP 08.50 TO 09.15 GIRLS</b>				
<b>09.15 TO 09.40 BOYS</b>		<b>START 09.45</b>		
101	10YR +	F	200M BUTTERFLY	HEATS
102	10YR +	M	200M BREASTSTROKE	HEATS
103	10YR+	F	200M FREESTYLE	HEATS
104	10YR+	M	200M BACKSTROKE	HEATS
<b>FINALS</b>				
101	10-12	F	200M BUTTERFLY	FINAL
	13	F	200M BUTTERFLY	FINAL
	14	F	200M BUTTERFLY	FINAL
	15-16	F	200M BUTTERFLY	FINAL
	17+	F	200M BUTTERFLY	FINAL
102	10-12	M	200M BREASTSTROKE	FINAL
	13	M	200M BREASTSTROKE	FINAL
	14	M	200M BREASTSTROKE	FINAL
	15-16	M	200M BREASTSTROKE	FINAL
	17+	M	200M BREASTSTROKE	FINAL
103	10-12	F	200M FREESTYLE	FINAL
	13	F	200M FREESTYLE	FINAL
	14	F	200M FREESTYLE	FINAL
	15-16	F	200M FREESTYLE	FINAL
	17+	F	200M FREESTYLE	FINAL
104	10-12	M	200M BACKSTROKE	FINAL
	13	M	200M BACKSTROKE	FINAL
	14	M	200M BACKSTROKE	FINAL
	15-16	M	200M BACKSTROKE	FINAL
	17+	M	200M BACKSTROKE	FINAL
<b>PRESENTATION EVENTS 101-104</b>				

<b>SESSION 2 SUNDAY 12<sup>TH</sup> FEBRUARY 2012</b>				
<b>WARM UP 13.30 – 13.55 GIRLS</b>				
<b>13.55 – 14.20 BOYS</b>		<b>START 14.25 HRS</b>		
201		F	200M BREASTSTROKE	
202		M	200M BUTTERFLY	
203		F	200M BACKSTROKE	
204		M	200M FREESTYLE	
<b>FINALS</b>				
201	10-12	F	200M BREASTSTROKE	FINAL
	13	F	200M BREASTSTROKE	FINAL
	14	F	200M BREASTSTROKE	FINAL
	15-16	F	200M BREASTSTROKE	FINAL
	17+	F	200M BREASTSTROKE	FINAL
202	10-12	M	200M BUTTERFLY	FINAL
	13	M	200M BUTTERFLY	FINAL
	14	M	200M BUTTERFLY	FINAL
	15-16	M	200M BUTTERFLY	FINAL
	17+	M	200M BUTTERFLY	FINAL
203	10-12	F	200M BACKSTROKE	FINAL
	13	F	200M BACKSTROKE	FINAL
	14	F	200M BACKSTROKE	FINAL
	15-16	F	200M BACKSTROKE	FINAL
	17+	F	200M BACKSTROKE	FINAL
204	10-12	M	200M FREESTYLE	FINAL
	13	M	200M FREESTYLE	FINAL
	14	M	200M FREESTYLE	FINAL
	15-16	M	200M FREESTYLE	FINAL
	17+	M	200M FREESTYLE	FINAL
<b>PRESENTATIONS 201 - 204</b>				

<b>SESSION 3 SATURDAY 18<sup>TH</sup> FEBRUARY</b>				
<b>WARM UP 08.50 TO 09.15 BOYS</b>				
<b>09.15 TO 09.40 GIRLS</b>		<b>START 09.45 HRS</b>		
301	10 YRS +	M	100M BUTTERFLY	HEATS
302	10 YRS +	F	100M BREASTSTROKE	HEATS
303	10 YRS +	M	100M FREESTYLE	HEATS
304	10 YRS +	F	100M BACKSTROKE	HEATS
<b>FINALS</b>				
301	10-12	M	100M BUTTERFLY	FINAL
	13	M	100M BUTTERFLY	FINAL
	14	M	100M BUTTERFLY	FINAL
	15-16	M	100M BUTTERFLY	FINAL
	17+	M	100M BUTTERFLY	FINAL
302	10-12	F	100M BREASTSTROKE	FINAL
	13	F	100M BREASTSTROKE	FINAL
	14	F	100M BREASTSTROKE	FINAL
	15-16	F	100M BREASTSTROKE	FINAL
	17+	F	100M BREASTSTROKE	FINAL
303	10-12	M	100M FREESTYLE	FINAL
	13	M	100M FREESTYLE	FINAL
	14	M	100M FREESTYLE	FINAL
	15-16	M	100M FREESTYLE	FINAL
	17+	M	100M FREESTYLE	FINAL
304	10-12	F	100M BACKSTROKE	FINAL
	13	F	100M BACKSTROKE	FINAL
	14	F	100M BACKSTROKE	FINAL
	15-16	F	100M BACKSTROKE	FINAL
	17+	F	100M BACKSTROKE	FINAL
<b>PRESENTATION EVENTS 301 - 304</b>				

<b>SESSION 4 SATURDAY 18<sup>TH</sup> FEBRUARY 2012</b>				
<b>WARM UP 13.30 – 13.55 BOYS</b>				
<b>1.55 – 14.20 GIRLS</b>		<b>START 14.25 HRS</b>		
401		M	100M BREASTSTROKE	
402		F	100M BUTTERFLY	
403		M	100M BACKSTROKE	
404		F	100M FREESTYLE	
<b>FINALS</b>				
401	10-12	M	100M BREASTSTROKE	FINAL
	13	M	100M BREASTSTROKE	FINAL
	14	M	100M BREASTSTROKE	FINAL
	15-16	M	100M BREASTSTROKE	FINAL
	17+	M	100M BREASTSTROKE	FINAL
402	10-12	F	100M BUTTERFLY	FINAL
	13	F	100M BUTTERFLY	FINAL
	14	F	100M BUTTERFLY	FINAL
	15-16	F	100M BUTTERFLY	FINAL
	17+	F	100M BUTTERFLY	FINAL
403	10-12	M	100M BACKSTROKE	FINAL
	13	M	100M BACKSTROKE	FINAL
	14	M	100M BACKSTROKE	FINAL
	15-16	M	100M BACKSTROKE	FINAL
	17+	M	100M BACKSTROKE	FINAL
404	10-12	F	100M FREESTYLE	FINAL
	13	F	100M FREESTYLE	FINAL
	14	F	100M FREESTYLE	FINAL
	15-16	F	100M FREESTYLE	FINAL
	17+	F	100M FREESTYLE	FINAL
<b>PRESENTATIONS 401 - 404</b>				

<b>SESSION 5 SUNDAY 19<sup>TH</sup> FEBRUARY 2011</b>				
<b>WARM UP 08.50 TO 09.15 BOYS</b>				
<b>09.15 TO 09.40 GIRLS</b>		<b>START 09.45 HRS</b>		
501	10 YRS +	M	200M IM	HEATS
502	10-12 YRS	F	4X50M FREESTYLE RELAY	HDW
503	13-14	F	4X50M FREESTYLE RELAY	HDW
504	15-16	F	4X50M FREESTYLE RELAY	HDW
505	17+ YRS	F	4X50M FREESTYLE RELAY	HDW
<b>FINALS 501</b>				
	10-12 YRS	M	200 IM	FINAL
	13 YRS	M	200 IM	FINAL
	14 YRS	M	200 IM	FINAL
	15-16 YRS	M	200 IM	FINAL
	17+ YRS	M	200 IM	FINAL
	10-12 YRS	F	4X50M MEDLEY RELAY	HDW
	13-14 YRS	F	4X50M MEDLEY RELAY	HDW
	15-16 YRS	F	4X50M MEDLEY RELAY	HDW
	17+ YRS	F	4X50M MEDLEY RELAY	HDW
<b>PRESENTATIONS 501-505</b>				
	JUNIOR	M	4X50M FREESTYLE RELAY	HDW
	JUNIOR	F	4X50M FREESTYLE RELAY	HDW
	OPEN	M	4X50M MEDLEY RELAY	HDW
	OPEN	F	4X50M MEDLEY RELAY	HDW
<b>PRESENTATION – EVENTS 506-513</b>				
<b>SESSION 6 SUNDAY 19<sup>TH</sup> FEBRUARY 2011</b>				
<b>WARM UP 13.30 TO 13.55 GIRLS</b>				
<b>13.55 TO 14.20 BOYS</b>		<b>START 14.25</b>		
601	10 YRS +	F	200M IM	HEATS
602	10-12 YRS	M	4X50M MEDLEY RELAY	HDW
603	13-14	M	4X50M MEDLEY RELAY	HDW
604	15-16	M	4X50M MEDLEY RELAY	HDW
605	17+ YRS	M	4X50M MEDLEY RELAY	HDW
<b>FINALS 601</b>				
	10-12 YRS	F	200 IM	FINAL
	13 YRS	F	200 IM	FINAL
	14 YRS	F	200 IM	FINAL
	15-16 YRS	F	200 IM	FINAL
	17+ YRS	F	200 IM	FINAL
606	10-12 YRS	M	4X50M FREESTYLE RELAY	HDW
607	13-14 YRS	M	4X50M FREESTYLE RELAY	HDW
608	15-16 YRS	M	4X50M FREESTYLE RELAY	HDW
609	17+ YRS	M	4X50M FREESTYLE RELAY	HDW
<b>PRESENTATIONS</b>				
610	JUNIOR	F	4X50M MEDLEY RELAY	HDW
611	JUNIOR	M	4X50M MEDLEY RELAY	HDW
612	OPEN	F	4X50M FREESTYLE RELAY	HDW
613	OPEN	M	4X50M FREESTYLE RELAY	HDW
<b>PRESENTATION – EVENTS 506-513</b>				

